



Diversity & Inclusion Training Course Outline

A one day course from the training experts





Diversity & Inclusion Training

Introduction

An interactive workshop, delivered by a 5 star rated trainer, that helps managers understand the importance of building an inclusive culture.

You will learn how to get your team to buy in to the Diversity & Inclusion vision and how to develop a culture of conscious inclusion.

Who would benefit from this course?

This course is ideal for any Manager, Team leader or staff members who wants to understand and improve diversity and inclusion within the business.

Private & One to One courses

We offer private group courses and one-to-one courses throughout the UK. Please email or call us with your preferred venue, number of delegates and any requests.

Classroom & Virtual Classroom Courses

We offer this course as a classroom based course and as a live, interactive online course.

Our classroom courses are run as public courses at the venues shown below or as a private course anywhere in the UK.

Our online Virtual Classroom courses are available for people anywhere in the world with internet access. You will be able to see the trainer, their screen, be able to chat and ask questions, just like on our regular classroom courses.

No More Than 6 Delegates

5 Star Rated Course

Practice Led Learning

3 Months Online Support

Lunch Provided

Detailed Course Notes

Our interactive practical courses and learner centred approach, combined with small class sizes, provides the very best learning environment

Google

5.0 ★★★★★

The trainer style and delivery was brilliant, gained new perspective in some areas and the information provided was very valuable

David | Focus24





Diversity & Inclusion

Course Outline

This course will help you develop your understanding of equality, diversity & inclusion in the workplace and give you insight on how to improve it in your workplace.

Understanding Equality, Diversity & Inclusion

An introduction to equality, diversity and inclusion

Understanding the equality act and your organisation's own policies and procedures around this

Why are equality, diversity and inclusion important? What are the benefits?

Identifying the key concepts of equality, diversity and inclusion and what these mean in a professional environment

The Equality Act

The nine Protected Characteristics

Case studies to better understand the issues in the workplace

Discrimination and harassment

Understanding workplace etiquette, dignity and respect

The Role of Stereotyping & Unconscious Bias

'Witches of Glum' exercise to illustrate how easy it is to make assumptions and form stereotypes

Understanding stereotyping and prejudice:

- When can this occur?
- What are the impacts of this?

Understanding the different types of biases and find out how they can occur in the workplace

The session will conclude by identifying how to challenge, prevent and remove areas of unconscious bias

Course outline continued on next page

Google

5.0 ★★★★★

Personal, practical and clear approach. I have found it really helpful. I am leaving feeling a lot more confident.

Lauren | Manchester Cares

For private courses the course content can be adapted to suit your requirements.
Please contact us to discuss your requirements.





Diversity & Inclusion

Course Outline Continued

Developing a Culture of Conscious Inclusion

Approaching your role with equality and diversity in mind:

- Identifying potential challenges and developing approaches to overcome these
- Developing an awareness around inclusion
- Leading teams and individuals with diversity and neurodiversity in mind

The importance of championing our differences:

- Supporting teams and individuals with diversity and neurodiversity in mind

Bring your Whole Self to Work

This video will be followed by the opportunity to self-reflect using the workbook and share these reflections with the group

Making the Learning Real

Case studies and scenarios will be used to work through some more challenging situations

Both self-reflection and an environment of challenge and support will be encouraged, where questions can be asked of the trainer and each other

Sharing the Learning

What can we do to ensure a fair and inclusive workplace?

Working in small groups to begin to develop and discuss an action plan for an inclusive workplace

Action Planning

Creating your 3 point action plan following the workshop

Google

5.0 ★★★★★

Excellent delivery from the trainer, it was very interactive and got us all thinking, we all learnt a lot of new things from the course and from our trainer.

Elliot | Zarafa

To book please see next page

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Diversity & Inclusion Training Course

Why Choose M Training's Equality & Diversity Training Course

- Run by an experienced Equality & Diversity trainer
- Small group sizes, so you are guaranteed personal support throughout the day
- M Training is 5 Star Rated in Google and Facebook and post course reviews.
- Convenient locations in Manchester Leeds, Liverpool, and Birmingham.
- Private Courses throughout the UK
- Classroom & Online Courses
- Choose from one to one and group courses
- Detailed course notes provided
- Lunch & refreshments provided
- Certificate of achievement

Private and One-to-One Courses

One-to-one and private group courses are available from £590 for a classroom based one day course or from £550 for an Online course.

These courses are ideal if you cannot make one of the set course dates or if you want a more advanced course or different course outline/focus.

One-to-one and private group courses can be run anywhere in the UK or at our Manchester or Birmingham offices.

How to book

To reserve your place on our 1 Day Equality & Diversity course, simply send us an email or give us a call.

Email: info@mtraining.co.uk

Call: 0161 226 6032

Or visit: www.mtraining.co.uk

We offer group booking discounts for two or more delegates.

I found the day very informative and interesting and I certainly learnt a lot!... Great teacher and the size of the group made the course very engaging. Thanks again.

Harvey | Cardea-Solutions