



Coaching Skills for Business Course

A 5 Star Rated course from the Training experts





Coaching Skills for Business Course

During lockdown#1, the Chartered Management Institute hosted a webinar where coaching skills was seen as the vital tool post Covid. Using a coaching style helps managers to use a simple and powerful non directive approach taking you from a command/tell style to a non-directive and empowering one

Introduction

This one-day interactive training course will provide you with the knowledge and skills to have a coaching conversation.

We will explore the skills and techniques to help you ask the right questions, really listen to your people and take them through a guided discussion.

Who would benefit from this course?

The course is designed for both managers and people who are not yet managing others who wish to develop their coaching skills as part of their toolkit to help their people gain awareness and take responsibility.

Private & One to One courses

We offer private group courses and one-to-one courses throughout the UK from £590 and £550 Online. Please email or call us with your preferred venue, number of delegates and any requests.

Classroom & Virtual Classroom Courses

We offer this course as a classroom based course and as a live, interactive online course.

Classroom courses are available at our offices (Manchester Science Park) or at your offices anywhere in the UK.

Our online Virtual Classroom courses are available for people anywhere in the world with internet access. You will be able to see the trainer, their screen, be able to chat and ask questions, just like on our regular classroom courses.

Please note, we advise a minimum of 3 people on a Coaching for Business course for the best learning experience

No More Than 6 Delegates

5 Star Rated Course

Practice Led Learning

3 Months Online Support

Lunch Provided

Detailed Course Notes

Our interactive practical courses and learner centred approach, combined with small class sizes, provides the very best learning environment

Google

5.0 ★★★★★

“I was able to have a much deeper conversation around something which was previously undiscussable”

JR, CDS



Coaching Skills for Business

Course Outline

This course will teach you how to have a coaching conversation using GROW

Course Objectives

- Developing a good understanding of coaching
- Understanding the learning ladder
- Gaining a deeper understanding through better questioning and conversations with employees
- Understanding how to ask the right questions and listen
- Understanding how to create more meaningful goals for your team

- Build confidence in your coaching methods

Course Topics

- What is coaching?
- The coaching continuum
- The power of goal setting
- Creating trust
- Open questions
- Active listening using paraphrasing and summarising
- Barriers to having a coaching conversation



Delivery

Practical workshop which will give you the opportunity of:

- Observing a live coaching session
- Being coached
- Coaching a colleague
- Receiving feedback on your coaching session

Google

5.0 ★★★★★

“It was really useful that the session was hands on and gave us the opportunity to practice coaching in a safe environment and observe others”

Ahead Partnership

To book please see next page

For private courses the course content can be adapted to suit your requirements. Please contact us to discuss your requirements.





Coaching Skills for Business Course

Why Choose M Training's Coaching Skills for Business Training Course

- Run by an experienced trainer
- You can have up to 10 delegates on a private course
- Convenient locations in Manchester, and Leeds.
- We provide one to one and private group courses throughout the UK
- Course notes and support material
- Lunch & refreshments provided (when delivered at our offices)
- Certificate of achievement

Private and One-to-One Courses

One-to-one and private group courses are available from £590 for a one day classroom course and from £550 for a private Online course .

These courses are ideal if you cannot make one of the set course dates or if you want a more advanced course or different course outline/focus.

One-to-one and private group courses can be run anywhere in the UK, at our Manchester office or via Virtual Classroom online.

How to book

To reserve your place on our 1 Day Coaching Skills for Business course, simply send us an email or give us a call.

Or if you prefer, we offer private and In-House training on request.

Email: info@mtraining.co.uk

Call: 0161 226 6032

Or visit: www.mtraining.co.uk

We offer group booking discounts for two or more delegates.

"I think Suzanne is a great trainer and always delivers an engaging session"

Ahead Partnership