



Public Speaking Course

A one day, 5 star rated course from the training experts



A Masterclass in Public Speaking

Being able to convey what we want to say in an effective, engaging and meaningful way is a skill that can be developed in everyone.

This one-day interactive training course will identify key areas and pass on skills that will contribute towards you becoming a proficient speaker in a range of different contexts.

We will explore the tools and techniques to create and deliver unique and memorable speeches that make you stand out.

What you will gain:

- ✓ A greater understanding of what it takes to be an effective public speaker.
- ✓ A range of techniques to develop key skills.
- ✓ A greater understanding of your own communication style.
- ✓ Increased confidence in public speaking

Who should attend?

The course is designed for people who wish to develop their public speaking skills in their professional lives, those who may be preparing for an event, or those who just want to become more proficient when addressing or interacting with others.

Prices & Venues:

Manchester: £295+vat

Leeds: £295+vat

For courses in Liverpool and Birmingham please contact us.

Private & One to One courses

We offer private and one-to-one courses throughout the UK. Please email or call us with your preferred venue, number of delegates and any requests.

A great course with tangible steps to improve and encourage the candidate to evaluate themselves
Kathryn Fielding | Web Applications UK Ltd

Our interactive practical courses and learner centred approach, combined with small class sizes, provides the very best learning environment

Google

5.0 ★★★★★

No more than 6 Delegates

5 Star Rated courses

Practice led learning

3 months online support

Lunch & refreshments provided



Public Speaking Skills Training



Course Objectives

- Recognise and acknowledge some of our fears when speaking in public
- Identify what we value about public speaking
- Understand how to plan and structure what we want to say
- Identify some of the most common pitfalls when speaking in public and develop strategies to overcome them
- Develop an understanding of how to connect with our audience
- Learn skills to help us remain focused, relaxed, and in control

Incredibly informative, well structured, and explained. Useful for any form of interpersonal communication.

Anna Rogan | Luvians Bottleshop

Very good trainer, knowledgeable & relatable. Provided clear explanations of how to use body language & work on style of presenting.

Nick Bryan | Ipsen Biopharm

Course Topics

- The impact of our non-verbal behaviour
- Comfort, Stretch, or Panic?
- **Content & Structure:**
 - Logical Levels – how to appeal to the head & heart
 - Use of rhetorical questions
 - Effective use of stories, anecdotes, and metaphors
 - Bookending
 - Using the ‘Power of 3’
- **Delivery:**
 - Breathing effectively
 - Volume, speed, and pitch
 - Awareness of crutch words
 - Using notes effectively
 - How to use space well
 - How to review and develop our performance

How to book

To reserve your place on our Public Speaking Skills Course, simply pick your preferred date and location, and send us an email or give us a ring.

Or if you prefer, we offer private and In House training on request.

Email: info@mtraining.co.uk

Call: 0161 226 6032

Or visit: www.mtraining.co.uk

We offer group booking discounts for two or more delegates.

